



Support for your loss, beyond the claim



MetLife has partnered with Empathy to provide you and your family with on-demand personalized guidance to help you throughout the weeks and months ahead.

From settling the estate to dealing with grief, Empathy's tech-enabled assistance and real-time human support help MetLife beneficiaries save valuable time while dealing with the challenges that loss brings. Empathy helps ease the burden, so you can pay attention to the things that matter most.

On-demand assistance from Care Managers

Guidance for probate and estate settlement processes

Automated tools that take care of tasks on your behalf

Emotional support and help for dealing with grief



Access your Empathy account, courtesy of MetLife

Create your account using the method that works best for you

To register online **scan the QR code** or go to **join.empathy.com/metlife**

Download the Empathy app via the App Store/Google Play and use access code **MET23**

Call us at (201) 720-1584 to register over the phone

Empathy's bereavement services and platform are provided through an agreement with The Empathy Project, Inc., (doing business as Empathy). Empathy is not an affiliate of MetLife, and the services Empathy provides are separate and apart from the insurance provided by MetLife. This program is available to the beneficiaries of deceased insureds covered under MetLife Group Life insurance programs and to insureds who are terminally ill and eligible to accelerate life proceeds under MetLife's Accelerated Benefit Option. Empathy's terminal illness services are not available on NY policy forms or policy forms operating under NY jurisdiction. Empathy is only available to insureds and beneficiaries who are US residents. Information disclosed directly to Empathy is not disclosed to MetLife, and therefore is not subject to MetLife's privacy policy.